



News Briefs

Employees participate in holiday giving!

Mason Health employees participated in holiday giving drives for three organizations in December:

- **Toys for Tots of Mason County**, which served more than 800 low-income families this year in Mason County.
- **The Shelton office of the Washington State Department of Children, Youth and Families**, which



collected holiday presents for nearly 250 foster children and other children under its

caseload, all in Mason County.

- **Turning Pointe Survivor Advocacy Center**, which operates a 54-bed shelter for women and children facing domestic violence in Shelton.



Thank you, Mason Health employees for giving back to the community!

Top photo, from left: **Jolene LaCombe** of the Department of Children, Youth & Families and **Heather Kennedy** from the Department of Social and Health Services, pictured with Development Specialist **Avery Jones** and Chief Development & Communication Officer **Jen Capps**, are responsible for providing toys for more than 800 low-income children in Mason County!

Middle photo: The Shelton office of DCYF supports Mason County families and protects children from child abuse and neglect. The local office collected toys for more than 250 foster children and other children displaced from parental care this year. Special kudos to the Mason Health Business Office for supporting 9 children this year.

Bottom photo, from left: **Courtney Wittenberg** and **Julia Villanueva** from Turning Pointe, with Volunteer Program Specialist **Kim Lutey** and **Capps**. Turning Pointe operates a 54-bed domestic violence shelter for women, children and pets in Mason County, one of the largest in Washington State.



Special Kudos

Congratulations to **Patrick Santos**, Emergency Department, for being named the December 2024 Employee of the Month.

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Classes and Workshops

Cancer Wellness Workshop

Mason Health, in partnership with *Harmony Hill Retreat Center* and with the financial support of the *Karen Hilburn Cancer Fund*, is hosting virtual cancer support groups. For more information, call 360-432-7706 or email patientnavigator@masongeneral.com.

Time: 4 to 6:30 p.m., second Wednesday of the month
Location: ZOOM or conference call
Cost: Free

SPEAK OUT Therapy Program

Lead locally by Mason Health's **Monica Vinson**, Speech Language Pathologist, the SPEAK OUT® Therapy Program, developed by the Parkinson Voice Project®, helps people with Parkinson's regain and retain their speech and swallowing. This evidence-based program combines ongoing education for the patient and family, individual and group speech therapy, daily home practice and re-evaluations.

Time: 12:30 p.m., every first and third Tuesday of the month
Location: Mason County Senior Activities Center, 190 W. Sentry Drive, Shelton
Cost: Free

Traumatic Brain Injury (TBI) Support Group

Join Mason Health Speech Language Pathologist **Monica Vinson, MS, CCC-SLP**, for a new support group for people living with a traumatic brain injury.

Time: 1 to 2 p.m., the second Tuesday of every month
Location: Mason Health meeting room at the Shelton Family YMCA, 3101 N. Shelton Springs Road, Shelton
Cost: Free

Local businesses and MGHF board members donate holiday prizes

Mason Health is grateful to the following local businesses and Mason General Hospital Foundation board members who donated prizes for employees to win in random drawings in December:

- MGHF Auxiliary Gift Shop and Manager **Monica Bates**
- MGHF Board Member **Beth Gregg**
- Hoodsport Winery
- Outfront Media
- Peninsula Credit Union
- MGHF Board Member **Lisa Welander** / Fun Stuff Crafts
- Valvoline

Thank you for helping to make employees feel special!

Top: **Amy Nussbaum** is an RN in Med-Surg-Pediatrics Unit. **Candelaria Lopez-Zacaria** from Health Information Management.



MGH Foundation News

New commissioned art on display

Mason General Hospital Foundation's Arts Commission commissioned these beautiful custom-made traditional paddles by Skokomish Indian Tribe artist **John Edward Smith**, for display at Mason Clinic. We can't wait to showcase them!



Pictured, from left: Skokomish Tribe CEO and Foundation Board Member **Tom Strong**, artist **John Edward Smith**, Mason Health Chief Development & Communication Officer **Jen Capps** and Foundation Arts Commission member **Sabrina Nelson**.

Staffing Updates

Mason Health's Kelly North steps into new role as Director of Clinic Operations at Mason Clinic

Mason Health is proud to announce that **Kelly North** has been promoted to Director of Clinic Operations, overseeing all Mason Clinic operations, including Mason Clinic-Hoodsport. North, who joined Mason Health in November 2019, has been a pivotal figure in the organization's growth and success, bringing a wealth of experience and a deep passion for patient care and operational excellence.

"I am incredibly excited to take on this new role," North said. "This is a career path I've been working toward for years. Mason Health has been wonderful to work for, and I'm thrilled to continue making a difference within the clinic system, improving processes and supporting our incredible teams."

North's promotion comes as a natural progression of her career and dedication. She played a critical role in managing the integration of Mason Health's primary care clinics into the Mason Clinic building during the challenges of the COVID-19 pandemic. Her leadership has fostered team development, standardized processes, and enhanced collaboration across departments. She is especially proud of her contributions to creating a team-oriented environment that prioritizes patient experience and care.

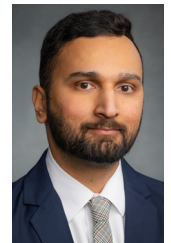
In her new position, North will focus on operational and strategic leadership across the clinics, collaborating closely with providers, department managers, and teams to identify and implement improvements that benefit both patients and staff. She aims to build upon her achievements in primary care by working more closely with specialty practices, care coordination, and other integral departments.



Welcome New Provider, Tanveer Sidhu!

Tanveer Sidhu, MD, is a practicing family doctor who brings enthusiasm and dedication to his role, focusing on providing personalized care to every patient. Outside of work, he enjoys exploring the great outdoors through hiking and skiing, finding balance and inspiration in nature. A passionate hockey fan and recreational player, Dr. Sidhu thrives on teamwork both on and off the ice. His passions in medicine include joint injections, skin exams, geriatrics and addiction medicine, showcasing a dedication to comprehensive and diverse patient care.

Dr. Sidhu started at Mason Clinic on Nov. 18 and is accepting new patients. **Call Mason Clinic-Primary Care at 360-426-2653 to make an appointment!**



All subject to change.

Current Safety Guidelines

Visiting Hours are 8 a.m. to 8:30 p.m.

Please enter at the Mason General Hospital Main Entrance. After hours, please use the Emergency Department entrance.

Our website has the most up-to-date visiting hours and guidelines: www.masonhealth.com

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Mission
United Community, Empowered People, Exceptional Health

Vision
Provide the best patient-centered care in the Pacific Northwest.

Values
Service & Relationships

