

## Staffing Updates

### Mason Health welcomes Winfried Danke as Chief Operating Officer

Mason Health is proud to announce the addition of **Winfried Danke** as the District's new Chief Operating Officer. A seasoned leader with a passion for process improvement and coalition building, Danke brings decades of experience in healthcare strategy, community development, and organizational excellence to Mason Health. Danke started on Dec. 16, 2024, and now oversees clinic operations at Mason Clinic and ancillary services at Mason General Hospital.



"Winfried brings a highly approachable and collaborative leadership style that aligns well with our culture at Mason Health," said Mason Health CEO **Eric Moll**. "Throughout his career, he has worked with organizations to improve population health through collaboration. An experience that will undoubtedly benefit our team and community going forward."

Danke's career spans roles in nonprofit leadership, international health care and domestic health system transformation. Most recently, Danke served as COO at Summit Pacific Medical Center.

## News Briefs

### Mason Clinic-Pediatrics supports child literacy through Reach Out and Read

Since 2003, Mason Clinic has participated in the nationwide **Reach Out and Read** program. At each well-child checkup for children from infancy through age 5, Mason Clinic pediatricians offer advice to caregivers about early relationships and literacy and give children a new book to take home to build their home libraries.

In 2024, Mason Clinic-Pediatrics provided 1,113 books to families at well-child visits, for a total of 39,524 books since 2003.

Reach Out and Read is an evidence-based program proven to show results for children and families and improve the quality of health care, with more than 20 studies demonstrating impact, scale, reach, and effectiveness. Findings show that when families receive Reach Out and Read, parents are two and a half times more likely to read to their children, and children's language development is improved by three to six months.

Research also links Reach Out and Read to improvements in children's social-emotional development and decreases in parental stress.

Clinicians have improved relationships with families and improved clinic culture and commitment to local communities. The American Academy of Pediatrics recommends ROR as an essential component of pediatric care and a strategy to buffer toxic stress.



**Oz and Hendrix Bull** check out books from **Rose Anne Rayos, MD**, at Mason Clinic-Pediatrics.

## Foundation News

### Congratulations Lisa!

Mason Health Foundation congratulates Board Secretary/Treasurer **Lisa Welander** for winning **Citizen of the Year** from the Shelton-Mason County Chamber of Commerce last month! Thank you for all you do in the community, Lisa!



### Mason General Hospital Foundation rebrands with new name

**Mason General Hospital Foundation**, established in 1991, is known for its dedication to enhancing the health and wellness of Mason County patients, residents and visitors. The Foundation has entered an



exciting new chapter with the unveiling of a new name and brand identity as **Mason Health Foundation**. This past fall, Mason Health Foundation engaged with strategic

partners and with community and supporters at fundraising events to fund new equipment for the District and its patients.

During the Black & White Ball Dinner Auction on Saturday, Nov. 16, Mason Health CEO **Eric Moll**, announced the Foundation's rebrand as Mason Health Foundation; which aligns the nonprofit even more closely with Mason Health's Mission, Vision and Values and follows the Hospital District's rebrand in 2019.

"This name change represents the next evolution of the Foundation and reinforces our commitment to serve as prudent stewards of our resources, ensuring they have the maximum impact in our community," said **Jennifer Capps**, Chief Development & Communication Officer for Mason Health and Mason Health Foundation.

Mason Health Foundation's new name and initiatives reflect a dedication to the community that goes beyond health care, ensuring that every resident has access to the tools and resources they need to thrive and achieve their best health.

## Special Kudos



**Congratulations to Jackie Meza**, Patient Access Clerk, for being named the January 2025 *Employee of the Month*.

### Quality Care Open returns Friday, July 11!



Mason Health Foundation's Quality Care Open Golf Tournament fundraiser returns to **Alderbrook Golf & Yacht Club** this summer! Join us on the greens for a shot-gun start at 10 a.m., Friday, July 11.

The Foundation thanks Golf Level

Sponsor **Our Community Credit**



**OURCU**  
Our Community Credit Union

Union for stepping up to support quality health care in Mason County as a sponsor for the Quality Care Open!

Scan this QR code to register for the tournament!

Sign up for *Pulse*

Email: [foundation@masongeneral.com](mailto:foundation@masongeneral.com)

Follow us on social media



### Current Safety Guidelines

All subject to change.

**Visiting Hours are 8 a.m. to 8:30 p.m.**

Please enter at the Mason General Hospital Main Entrance. After hours, please use the Emergency Department entrance.

Our website has the most up-to-date visiting hours and guidelines: [www.masonhealth.com](http://www.masonhealth.com)



Visit our **YouTube** channel! Mason Health currently has over 40 videos sharing health care information for our patients.



### DO A PROVIDER SEARCH

Go to [www.masonhealth.com](http://www.masonhealth.com) and click on FIND A PROVIDER in the top menu. Enter a Provider's Name or Specialty for a list of providers.

## Classes and Workshops

### Cancer Wellness Workshop

Mason Health, in partnership with *Harmony Hill Retreat Center* and with the financial support of the *Karen Hilburn Cancer Fund*, is hosting virtual cancer support groups. For more information, call 360-432-7706 or email [patientnavigator@masongeneral.com](mailto:patientnavigator@masongeneral.com).

**Time:** 4 to 6:30 p.m., second Wednesday of the month

**Location:** ZOOM or conference call

**Cost:** Free

### SPEAK OUT Therapy Program

Lead locally by Mason Health's **Monica Vinson**, Speech Language Pathologist, the SPEAK OUT® Therapy Program, developed by the Parkinson Voice Project®, helps people with Parkinson's regain and retain their speech and swallowing. This evidence-based program combines ongoing education for the patient and family, individual and group speech therapy, daily home practice and re-evaluations.

**Time:** 12:30 p.m., every first and third Tuesday of the month

**Location:** Mason County Senior Activities Center, 190 W. Sentry Drive, Shelton

**Cost:** Free

### Traumatic Brain Injury (TBI) Support Group

Join Mason Health Speech Language Pathologist **Monica Vinson, MS, CCC-SLP**, for a new support group for people living with a traumatic brain injury.

**Time:** 1 to 2 p.m., the second Tuesday of every month

**Location:** Mason Health meeting room at the Shelton Family YMCA, 3101 N. Shelton Springs Road, Shelton

**Cost:** Free

### Mason Health

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**Mission**  
United Community, Empowered People, Exceptional Health

**Vision**  
Provide the best patient-centered care in the Pacific Northwest.

**Values**  
Service & Relationships

