



Mason Health
Mason General Hospital • Mason Clinic
November 2024

What's Happening

Please Join Us!

MASON GENERAL HOSPITAL FOUNDATION
INVITES YOU TO A SPECIAL SCREENING OF...

BLACK & WHITE BALL

DINNER AUCTION
A BENEFIT FOR MASON HEALTH

SATURDAY
NOVEMBER 16, 2024 • 6 P.M.
LITTLE CREEK CASINO RESORT
SA-NEH-WA-MISH ROOM



Purchase Tickets Today!

MGH Foundation News

Give Local – Save the Date!

For the fifth year in a row, Mason General Hospital Foundation is participating in the **Community Foundation of South Puget Sound's Give Local** campaign, running Nov. 11 through Nov. 22 online. Funds raised help support the mission of Mason Health, providing much-needed medical equipment for Mason County patients. Join us today in supporting the health care needs of our local community by donating in any amount to Mason General Hospital Foundation.

Give Local South Puget Sound is an annual online giving campaign that promotes community generosity and supports nonprofits across Thurston, Mason, and Lewis Counties. Over the past five years, Mason General Hospital Foundation has successfully raised \$43,270 through the Community Foundation of South Puget Sound's Give Local campaign, which, combined with the Bonus Fund match of \$7,560.67, brings the total funds raised to \$50,920.67.



"Supporting those who take care of our communities is my true passion," Carolyn shared. "While I'm not a caregiver myself, I believe that HR plays a critical role in caring for our staff, who are, in turn, able to provide the best care for patients. At Mason Health, I'm excited to be part of a team where relationships and trust are at the heart of what we do."



Special Kudos

Congratulations to Alexander Cruz, MA-C, for being named the October 2024 Employee of the Month.

Follow us on social media



Classes and Workshops

Cancer Wellness Workshop

Mason Health, in partnership with *Harmony Hill Retreat Center* and with the financial support of the *Karen Hilburn Cancer Fund*, is hosting virtual cancer support groups. For more information, call 360-432-7706 or email patientnavigator@masongeneral.com.

Time: 4 to 6:30 p.m., second Wednesday of the month

Location: ZOOM or conference call

Cost: Free

SPEAK OUT Therapy Program

Lead locally by Mason Health's **Monica Vinson**, Speech Language Pathologist, the SPEAK OUT® Therapy Program, developed by the Parkinson Voice Project®, helps people with Parkinson's regain and retain their speech and swallowing. This evidence-based program combines ongoing education for the patient and family, individual and group speech therapy, daily home practice and re-evaluations.

Time: 12:30 p.m., every first and third Tuesday of the month

Location: Mason County Senior Activities Center, 190 W. Sentry Drive, Shelton
Cost: Free

Traumatic Brain Injury (TBI) Support Group

Join Mason Health Speech Language Pathologist **Monica Vinson, MS, CCC-SLP**, for a new support group for people living with a traumatic brain injury.

Time: 1 to 2 p.m., the second Tuesday of every month

Location: Mason Health meeting room at the Shelton Family YMCA, 3101 N. Shelton Springs Road, Shelton

Cost: Free

Staffing Updates

Mason Health hires Chief Human Resource Officer Carolyn McCain

Mason Health is pleased to announce the appointment of **Carolyn McCain** as the District's new Chief Human Resource Officer, bringing more than two decades of experience in human resources and health care leadership to the organization. With a deep commitment to fostering strong relationships and supporting those who care for our communities, Carolyn is poised to make a meaningful impact at Mason Health.



Carolyn graduated with a degree in Business Management from the University of Phoenix in 2003 and an MBA in Human Resources Management from the Center for Graduate Studies at Baker College in 2009.

Carolyn's path in Human Resources leadership has taken her through various roles, from benefits administrator at Minacs in Farmington, Michigan, to Division HR Manager in Littleton, Colorado, to eventually the Chief Human Resource Officer at Curry Health in Gold Beach, Oregon.

United Community,
Empowered People,
Exceptional Health

Mason Health
Mason General Hospital • Mason Clinic

Join our health care team!

Mason Health is hiring **Registered Nurses and Medical Assistants.**

GREAT BENEFITS:

Subject to terms and conditions

Competitive Salary

Healthcare

Retirement Benefits

Life Insurance

Tuition Reimbursement

And more

Apply online at:
www.masongeneral.com/careers
or call 360-427-9575

Full-time and Per Diem Positions Available



Check out our new digital billboard on 101

Significant Sign-On Bonuses!



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News Briefs

Mason Health announces DAISY Award for Extraordinary Nurses winner

Mason Health is proud to announce our second winner of the DAISY Award for Extraordinary Nurses – **Rebecca Bingham, RN**, from the Emergency Department. Bingham was honored at Mason Health's second DAISY Award Ceremony on Friday, Oct. 11.



Bingham's nominator shared this story: "In February 2024, I came to the emergency room with a miscarriage. While in triage I asked if I could get a nurse. Rebecca gave me a huge hug and said, 'We are going to get through today, okay?' She was there for me, she let me cling to her like a lost puppy, communicated my feelings with the other staff when I couldn't, and by the time I left the ER I had to refrain from telling her 'I love you.' This nurse is everything anyone could ever want or ask for in a nurse. This nurse deserves all the awards."



Share your story of what your nurse has meant to you, by nominating them for **The DAISY Award** by scanning this QR code or visit the Mason Health website at www.masongeneral.com.



All subject to change.

Current Safety Guidelines

Visiting Hours are 8 a.m. to 8:30 p.m.

Please enter at the Mason General Hospital Main Entrance. After hours, please use the Emergency Department entrance.

Our website has the most up-to-date visiting hours and guidelines: www.masongeneral.com

Mason Health

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Mason Health values the public, patients, and employees that the agency does not discriminate on the basis of a patient's age, race, color, ethnicity, national origin, sex (including pregnancy), gender identity or expression, sexual orientation, religion, culture, physical or mental disability, financial status or condition (including the terms of any or dental), limited English, visual, hearing or learning impaired.



Mission
United Community,
Empowered People,
Exceptional Health

Vision
Provide the best patient-centered care in the Pacific Northwest.

Values
Service & Relationships

