

Involved



Mason Health
Mason General Hospital
Mason Clinic

VOL. 9, NO. 2



We  our
Volunteers!

Hello Volunteers!



Kim Lutey

We have lots of exciting news for you in this newsletter edition!

We have a few events coming up – some of them are celebrating the Mason Health workforce,


and some of them are fundraising events. First, our Volunteer Appreciation Event is taking place at Mason Health in the Skokomish/Washington Rooms on Thursday, **April 10, from 9 – 10:30am!** The theme is High Tea, and we will be presenting honors, talking about 2024 successes, sharing 2025 goals, and having brunch fun! Please save the date on your calendars.

Mason Health Week is **May 12 – 16**, during National Hospital Week. There will be more details to come, but it's a whole week of celebrating the Mason Health Workforce – which includes you! Join us for our annual BBQ appreciation on Wednesday, May 14, and be on the lookout for the delivery of your appreciation gift and other special events happening that week.

The Quality Care Open Annual Golf Tournament is on **Friday, July 11!** We will need volunteers to help with setting up, tearing down, and other various activities throughout the day. Please read later in this newsletter for more details.

There are some updates coming soon related to construction at Mason Health that we will share later in this newsletter. While construction may be loud and bothersome, our patients and community will benefit from these updates. Thank you for your patience during these changing times!

Finally, please make sure to log your hours! The first quarter is over at the end of this month. If you haven't logged your hours, that's okay! You can do so retroactively using the link/QR code in this newsletter. Please try to be as accurate as possible and round to the half hour.



HAPPY Birthday

Sheryal Balding
March 7

Meskerem Ellis
March 12

Beth Gregg
March 14

Karen Wiley
March 18

Violeta Remigio Lopez
March 30

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Mason Clinic-Pediatrics Expands Child Literacy With Reach Out And Read Partnership

SHELTON -- Since 2003, Mason Health has participated in the Reach Out and Read program at Mason Clinic-Pediatrics. At each well-child checkup for children from infancy through age 5, Mason Clinic pediatricians offer advice to caregivers about early relationships and literacy and give children a new book to take home to build their home libraries.

In 2024, Mason Clinic provided books to 1,113 families at well-child visits and served 1,328 families through additional resources. This partnership is in alignment with Mason Health's Vision to Provide the Best Patient-Centered Care in the Pacific Northwest, by empowering parents with the tools

to help children be successful. Since 2003, Mason Clinic-Pediatrics has provided 39,524 books to families.

"Mason Clinic is proud to work in partnership with Reach out and Read to ensure that children and families receive the best support possible," said Clinic Manager Christine Dawson.

"We achieve this through continual assessment of program quality metrics like provider training, availability of high quality and developmentally appropriate children's books,

providing additional community resources to families, and ensuring that all levels of our clinical staff and health system are aware of and supportive of Reach Out and Read."

Reach Out and Read is an evidence-based program proven to show results for children and families and improve the quality of health care. More than 20 studies demonstrate impact, scale, reach, and effectiveness. Findings show that when families receive Reach Out and Read, parents are two and a half times more likely to read to their children, and children's language development is improved by three to six months.

Research also links Reach Out and Read to improvements in children's social-emotional development and decreases in parental stress. Clinicians have improved relationships with families and improved clinic culture and commitment to local communities. The American Academy of Pediatrics recommends ROR as an essential component of pediatric care and a strategy to buffer toxic stress.

Community members may donate to Mason Clinic's Reach Out and Read program on the Reach Out and Read website by entering in "Site ID 1664 Mason Clinic Pediatrics" in the comments box to ensure your gift supports the families Mason Health serves



Hendrix (6) and Oz (3) receiving books from Dr. Rose Ann Rayos.

Weston Retires, Brady Appointed To Hospital Board Of Commissioners



Gayle Weston

SHELTON, WA – After eight years of outstanding and dedicated leadership, serving as a Hospital District No. 1 Board of Commissioner,

Gayle Weston has retired. Weston, formerly a branch manager for the Key Bank branch in Shelton, was appointed to fill the position after Nancy Trucksess retired in 2017. Current board members, President **Don Welander** and Secretary **Darrin Moody**, recently appointed **Lori Brady** to replace Weston.

“I am grateful to Gayle for her leadership and support as a long-term commissioner,” said President Welander.

“During her tenure she has been a strong and consistent presence. She was an essential member of the team; her efforts helped to move the Hospital District forward on several key programs and strategies. She will be greatly missed.”

“Gayle’s leadership and service to Mason Health and our community is unparalleled,” said Mason Health CEO Eric Moll.

“She has been integral to the success of our District’s strategy via the Finance Committee and a positive advocate for our community by serving on the Mason Health

Foundation’s board and participating in many District, Foundation and community events. It has been an honor working with Gayle over the years and we were fortunate to have someone of her caliber as a member of our Mason Health team representing our community locally and nationally within the health care sector.”

Moll added: “Her unwavering commitment to advancing our mission, vision and values leaves a significant legacy for new community leaders who are joining our teams here at Mason Health.”



Lori Brady

The newly appointed commissioner, Lori Brady, has lived in Mason County for 38 years and raised her family here in Shelton. She has two sons and three grandsons.

“I am looking forward to officially welcoming Lori to the Board,” President Welander said. “I am confident in her ability to lead with passion and build upon Gayle’s legacy of community partnership and patient advocacy with her own unique style of leadership and professionalism.”

Brady joins the District’s Board of Hospital Commissioners with more than three decades of experience

in the real estate industry. Brady believes that providing the best service means keeping herself accessible and being a good listener and communicator.

“I am honored to accept the appointment to Public Hospital District No. 1 of Mason County’s Board of Hospital Commissioners,” Brady said.

“It is a privilege to serve our community in this capacity and to contribute to the mission of providing high-quality healthcare to all.” she said.

Brady went on to comment, “As a realtor in this community for over 30 years, I know how important it is for a community to provide excellent health care. I am committed to working collaboratively with my fellow commissioners, hospital leadership and stakeholders, to ensure the best possible outcomes for all our patients and community members.”

Brady added, “My personal goal is to uphold the Hospital District’s mission and values while ensuring transparency, accountability and of course, continued improvement. I am grateful for this opportunity, and I look forward to serving in this leadership role.”

Mason General Hospital Foundation Unveils New Name:



SHELTON — Mason General Hospital Foundation, established in 1991, is known for its dedication to enhancing the health and wellness of Mason County patients, residents and visitors. The Foundation has entered an exciting new chapter with the unveiling of a new name and brand identity as Mason Health Foundation. The Foundation’s Board of Directors is excited to usher in a new year of fundraising in support of quality health care in Mason County.

resident has access to the tools and resources they need to thrive and achieve their best health.

The Foundation board looks forward to fulfilling its mission with strategic fundraising efforts this year. Newly launched programs include a car seat program at the Mason Health Birth Center. The new car seat program will help educate new parents about how to use car seats. The car seat program is funded through a restricted fund for pediatric patients within the Foundation’s Endowment Fund. The Endowment Fund allocated \$2,000 toward the program last year and it is expected to continue in perpetuity. The Foundation has already scheduled two summer events this year to support fundraising for new medical equipment at Mason General Hospital — the Quality Care Open Golf Tournament is scheduled for Friday, July 11, and will raise funds for a new high-field open MRI, while Bikers for Babies is scheduled for Saturday, Aug. 9, and will raise funds for medical equipment at the Birth Center.



Eric Moll

During the Black & White Ball Dinner Auction on Saturday, Nov. 16, Mason Health CEO **Eric Moll**, announced the Foundation’s rebrand as Mason Health Foundation;

which aligns the nonprofit even more closely with Mason Health’s Mission, Vision and Values and follows the Hospital District’s rebrand in 2019 as Mason Health.



Jennifer Capps

“This name change represents the next evolution of the Foundation and reinforces our commitment to serve as prudent stewards of our resources, ensuring they

have the maximum impact in our community,” said **Jennifer Capps**, Chief Development & Communication Officer for Mason Health and Mason Health Foundation.

Mason Health Foundation’s new name and initiatives reflect a dedication to the community that goes beyond health care, ensuring that every



Join us at the Quality Care Open!

Mason Health Foundation is planning for the 2025 Quality Care Open Golf Tournament! **This year’s fundraiser will take place on Friday, July 11, at Alderbrook Golf & Yacht Club.**

If you are interested in volunteering (manning booths, helping put up signs, handing out refreshments, assisting vendors in setting up at holes), please email foundation@masongeneral.com or call 360-427-3623.



Foundation volunteers **Kim McElliot, Penny Nielsen, Robbie Alberts and Ann Williams** help golfers register at the 2024 Golf Tournament.

CONSTRUCTION AT THE HOSPITAL

Mason Health will start construction projects in March. Impacted areas will include meeting rooms, the Cafeteria and Mason Clinic Eye Care. Stay tuned for updates.

Learn more about the Foundation’s rebrand and new initiatives this year in the March 2025 issue of SCOPE magazine, out later this year. You may also visit our website at www.masonhealth.com/foundation.

Cafeteria Discount!

When you are cashing out at the cafeteria, make sure to show your volunteer badge to the cashier and ask for the discount. They should know about the discount, but if there are any problems, you can have them ask **Ashlee Johnson, CNS Manager**. There are some changes happening around CNS, so not everyone knows there’s a volunteer discount button.



Reporting Hours

It's time to log your hours from January through March! If you haven't already, please make sure to grab the new QR sticker from one of the volunteer desks for 2025. The QR code below works for reporting hours as well! All volunteers should be reporting their hours – whether through the QR code, emailing me, or texting me.



QR code not working?

You can type in the following web address in your browser to pull it up that way:

<https://forms.office.com/r/Y4cgFU7GDk>

Volunteers needed — help us sort gifts!



Mason Health volunteers Dick Mineo and Santa Pablano help sort Mason Health Week gifts in 2023.

We need some volunteers to help with sorting the Mason Health Week workforce gift the week of May 5-9! There will be some lifting, twisting and bending, so please do not volunteer if you might hurt yourself helping out. We prefer to have you healthy and happy. If you are interested in helping out, please let me know and I will place you on the sign-up sheet.

Interested in changing your volunteer routine or increasing your hours?

If you or a friend/family member are interested in any of these programs, please contact Kim Lutey!

Clinic Concierge Volunteers:

- Individuals must be 16+
- Need coverage for Mondays 8am-12pm and Thursdays either 8am-12pm or 12pm-3pm

ED Concierge Volunteers:

- Individuals must be 18+
- Afternoon and evening shifts are available all week, with morning coverage needed Friday and Saturday.
- Priority coverage afternoons/early evenings

Culinary Volunteers:

- Individuals must be 18+
- One shift opening evenings 4 to 7 p.m.

NODA Volunteers:

- 3-hour shifts on-call
- Likely won't have more than 2 or 3 call-ins per year, and shift coverage based on availability

Chaplain Volunteers:

- Must meet requirements listed in the Chaplain Volunteer position description (available on our volunteer website); 18+
- 3-hour shifts weekly, with rotating on-call weeks
- Meetings monthly

Office Volunteers:

- Individuals must be 16+
- Assist the Development office with editing, marketing, fundraising, program assistance, event planning and more!
- 3-hour shifts weekly, Monday-Friday, 8am-4:30pm