

PROVIDER PROFILE

Douglas F. Lindahl, DO



Internal Medicine

Dr. Lindahl enjoys the personal aspect of medicine, believing one of the unique pleasures of medical practice is the opportunity to interact with patients with a variety of backgrounds and needs. He sees the physician as both a facilitator and teacher, helping patients make sound and informed choices while in the process of healing and in maintaining healthy lifestyles. Dr. Lindahl was a practicing pharmacist prior to entering medical school.

While not with patients, Dr. Lindahl enjoys time with his wife and three children. He also enjoys a number of outdoor activities including water and snow skiing.

Special Interests

Hospital Medicine

Practice

Mason General Hospital

901 Mountain View Drive, Shelton, WA 98584

(360) 426-1611

Medical Degree

Western University of Health Sciences, Pomona, CA 1998

Internship/Residency

Maricopa Medical Center, Phoenix, AZ 2001

Certification

Board Certified, Internal Medicine



Mason Health

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