PROVIDER PROFILE

Amber Carlson, DSW, LICSW, Director of Behavioral Health Services



Behavioral Health

Amber Carlson joined the staff at Mason Health in January 2016. Prior to that she had worked as a clinical social worker at a local hospital in Kitsap County since 2010. Carlson was born and raised in Snohomish County, Washington, and has always considered the Pacific Northwest home.

She has worked in case management and inpatient hospital work since 2008, having worked at a regional trauma center in Honolulu, Hawaii, while stationed there with her husband.

In 2021, Carlson obtained her doctorate degree and accepted the role of Director of Behavioral Health Services at Mason Health. Outside of work, she enjoys participating in marathons and half-marathons, as well as traveling and attending hockey and baseball games with her husband.

Special Interests

Integration of behavioral health and substance use disorder treatment services within rural primary care, stigma reduction, social determinants of health

Degree

Doctorate of Social Work, University of Southern California, 2021 Master of Social Work, University of Hawaii, 2009 Bachelor of Social Work, Hawaii Pacific University, 2008



